



Social Work Training & Development Offerings from JPA

Social work is an extremely demanding and complex field. Social workers are expected to take the utmost care when supporting our children and their families. In order to do so they need to be at their very best. As such, they deserve the very best in support and care themselves.

INDIVIDUAL SUPERVISION

Individual supervision provides training and clinical supervision to social workers one-on-one with a Licensed Clinical Social Worker, during which they can analyze specific cases in-depth; practice and apply evidenced-based theories and empirically supported interventions; assess the efficacy of these new skills; and hone their ability to build rapport and positive relationships with their clients. This supervision time counts towards social workers' licensing requirements and may be combined with group supervision.

SMALL GROUP SUPERVISION

Small group supervision provides training and clinical supervision to groups of 2-3 social workers with a Licensed Clinical Social Worker, during which they can explore details of specific cases; learn evidenced-based practices and empirically supported interventions; assess the efficacy of these new skills; and hone their ability to build rapport and positive relationships with their clients. This supervision time counts towards social workers' licensing requirements and may be combined with individual supervision.

LARGE GROUP SUPERVISION

Large group supervision provides training and clinical supervision to groups of 4-5 social workers with a Licensed Clinical Social Worker, during which they can discuss specific cases, learn evidenced-based practices and empirically supported interventions, and hone their ability to build rapport and positive relationships with their clients. This supervision time counts towards social workers' licensing requirements and may be combined with individual supervision.

CONSULTATION FOR LCSWs

Even once a social worker earns their clinical license, there is still so much to learn! No matter how many years you've been working in this field, having another professional to bounce ideas off of, get feedback, and provide support is invaluable. Consultation for LCSWs provides that experience - as well as continued training and development - to LCSWs who may or may not be supervising other social workers, too. We can't do this work alone, and now you don't have to.

ON-CALL SUPERVISION

It is quite common for crises and other urgent clinical situations to arise and a clinician should never have to make these critical decisions alone. On-call supervision provides social workers with a Licensed Clinical Social Worker who can assist in clinical decision making during those such times (e.g.: calls to SASS or DCFS, suicide or homicide assessment,



matters of extreme clinical delicacy). The LCSW is also available to process these circumstances with the responding clinician and associated staff members to help provide consolidation and closure to challenging events.

WORKSHOP: GATHERING & UNDERSTANDING A CLIENT'S HISTORY THROUGH THE INTAKE ASSESSMENT

Client and their families come to us with histories. Understanding them is crucial to developing an effective plan for treatment. This workshop discusses the purpose and use of a psychosocial history and examines multiple strategies for gathering information - specifically using trauma and developmental lenses. Attendees also explore how to cultivate a relationship with their client and/or their client's caregiver(s) through the intake process, as well as how to respond to challenging scenarios during these conversations

WORKSHOP: RISK ASSESSMENT IN CLINICAL WORK

Effectively assessing a client's level of risk is an essential role for mental health professionals; however, this is far from an easy task. Situations involving risk - such as suicide, homicide, psychosis, abuse, and neglect - are rarely clear-cut and are often fraught with tense emotions and strong opinions. This workshop tackled these challenges, helping mental health professionals to identify and understand various risk issues commonly present in secondary (e.g., school) environments and/or clinical settings. Participants will learn strategies for creating safety plans that utilize a relationship-centered approach and reflect the needs, trauma history, and developmental stage of individual clients. With collaboration, this workshop can include an examination and discussion of current and suggested protocols with partnering resources (e.g., SASS, DCFS, parents).